



NATIONAL

TIMES

AB +1 403-667-1351, BC +1 604-616-8786, ON +1 647-273-4358 India +91 98728-73688

October, 2025 | Website: nationaltimesmedia.com

"THE POWER OF INFORMATION"

CANADA - INDIA SPECIAL EDITION



National Times wishes Happy Diwali and Bandi Chhor Divas to all Readers

Crisis Looms: Alberta Health Services Under Pressure

P05

**Tariff War: Trump vs Carney
Everyday Families Pay the Price**

P3

**The New Silk Ties India, Russia, and China are
rewriting the rules of global power.**

P14





FREE \$50 GIFT CARD OR ELECTRIC TOOTHBRUSH

With Adult New Patient Exam & Cleaning

*Terms and Conditions Apply

OPEN 7 DAYS A WEEK
9 AM - 7 PM

- ✓ 0% Financing Available
- ✓ Child-Friendly Dentistry
- ✓ Direct Billing To Insurance
- ✓ No Obligation Consultation

We Accept **CDCP**

Affordable Dental Care for all Age Groups



DENTAL IMPLANTS

starting at **\$2999**

Exam, CBCT, Implant Surgery,
Abutment & Crown
FREE Dental Implant Consultation

*Terms and Conditions Apply

EMERGENCY EXAM + One X-Ray (PA)

For Only **\$50**

*Terms and Conditions Apply

WE SPEAK: English, Punjabi, Arabic and Tagalog

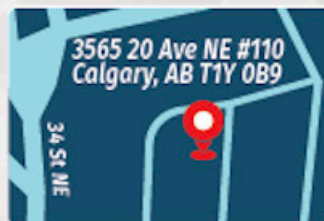
CALL US TODAY!
587-353-9393

oasissmiledental.com

SCAN TO BOOK
APPOINTMENT



3565 20 Ave NE #110
Calgary, AB T1Y 0B9



Editor's Note



Team

Editor-In-Chief
Dr. Rajeev Sharma

Chairman
Raman Khatra

Executive Editor
Gurpreet Singh

Bureau Team(AB)
Arvind Arvind
Dewangi Kode

Bureau Team(BC)
Richa Walia
Yuvraj Singh

Bureau team
(Ontario)
Gaganjot Singh

Legal Advisor
(Canada)
Naiya Gill

Financial Director
Balwinder Singh

Dear Readers,

As the festival of lights approaches, we are reminded of the values that Diwali embodies hope, renewal, and the triumph of light over darkness. It is a season that brings families together, strengthens community bonds, and inspires us to look ahead with optimism.

In this Festival Special Edition, we present a diverse collection of stories that reflect the vibrancy and complexity of our times. From the devastating floods in Punjab and the resilience of affected communities, to recent changes in Canada's immigration laws shaping the futures of aspiring residents, our coverage explores the challenges and opportunities that impact lives both near and far.

We also examine the real estate market in Canada, highlighting how the recent decrease in interest rates is creating a surge of activity and new opportunities for homeowners and investors alike. On the civic front, our coverage of the Calgary Municipal Council elections profiles key candidates and critical issues, keeping residents informed and engaged in the democratic process. Much like the glow of a diya illuminating the darkest corner, the voices featured in these pages shed light on challenges, progress, and innovation.

On behalf of the entire editorial team, I extend warm wishes to you and your family for a joyous Diwali and a prosperous festive season. May the year ahead be filled with peace, success, and countless reasons to celebrate.

Warm Regards,

Dr. Rajeev Sharma

Trump and Carney in a Tariff Standoff: Families and Industries Caught in the Crossfire

Dr. Rajeev Sharma / National Times

For decades, Canada and the United States have prided themselves on a partnership built on open borders, free trade, and shared prosperity. Today, that relationship is being tested as a bitter tariff war unfolds with U.S. President Donald Trump and Canadian Prime Minister Mark Carney at the center of the storm.

The conflict escalated in March when Washington slapped 25% tariffs on most Canadian imports and a 10% tariff on energy goods, sparking a swift retaliatory response from Ottawa.

By summer, the U.S. raised the baseline tariff to 35% for Canadian goods outside the USMCA framework, with additional penalties on transshipped items. More recently, Trump announced new tariffs on softwood lumber, furniture, and kitchen cabinets sectors where Canada has traditionally been a dominant exporter.

Carney's government initially fought back with its own tariff measures but has since rolled back many retaliatory duties in an effort to stabilize markets. Still, industries such as forestry, steel, aluminum, and automotive manufacturing remain deeply exposed. In towns where sawmills or auto-parts factories are the backbone of the economy, uncertainty over jobs and contracts is now a daily reality.

Small business owners wonder how long they can absorb higher costs. Workers worry about layoffs.

Families trim grocery lists and delay purchases. For consumers, the impact shows up on grocery bills, in appliance stores, and at construction sites. Tariffs act like hidden taxes, raising prices on everyday items while squeezing businesses that rely on cross-border supply chains. Economists warn Canada's GDP could fall by more than one percent if the standoff drags on a small number on paper but one that translates into billions of dollars lost and thousands of families affected.

The tariff war is no longer just about economics. It is about trust between two allies and about whether Trump and Carney can find common ground before their citizens pay an even higher price.

Carney has vowed to move negotiations into the USMCA review process, where both nations are bound by agreed rules. Canada has also sought WTO consultations, arguing that some U.S. tariffs are "unjustified." Meanwhile, Trump has defended his moves as necessary for "economic security," doubling down on his America-first agenda.



Trump and Carney met at the G7 summit, their partnership faced strain as tariffs spark tensions and families across both nations.

Vivek Mahajan from One Dream to Five Bell Stores: Guided by Faith, Dedication, Hard Work, and Family Support

Success is rarely a solo journey. For Calgary-based entrepreneur Vivek Mahajan, the road from opening a single Bell store to now operating five thriving locations is a testament to perseverance, dedication, and the unwavering support of family. His story is one of vision, hard work, and belief a story that continues to inspire aspiring entrepreneurs across Canada.

When Vivek first envisioned opening a Bell store, the challenges were immense. Entering a competitive telecommunications market in a new country required navigating financial risks, understanding consumer needs, and establishing a trusted brand.

“Believe in God and your hard work will always pay back,” Vivek shares, reflecting the values that fueled his journey. Behind long workdays and strategic decisions stood a strong support system. Vivek’s wife, brother, and parents were not just moral supporters, they actively motivated him, offering guidance, encouragement, and a sense of stability. “My family has always been my backbone,” he says. This family-driven foundation allowed Vivek to focus on growth while maintaining a balance between business demands and personal life. His families presence gave him the courage to take risks, knowing he was not alone in the journey.

Through determination, customer-focused service, and a commitment to excellence, Vivek expanded from his first Bell store to five

successful locations across Calgary. Each store reflects his philosophy of building trust with clients, providing personalized service. Vivek attributes his success not only to hard work but also to faith and perseverance. Even during challenging times, his belief in God and his commitment to his vision kept him moving forward. This blend of faith, family, and diligence has been a cornerstone of his entrepreneurial journey. Beyond providing telecom services, Vivek has become a respected figure in the local community. His story inspires others, especially newcomers, to believe in themselves and pursue their dreams with dedication. His Bell stores are more than businesses they are a reflection of values and service that

resonate with Calgary residents.

“Success is not just about growth or expansion,” Vivek reflects. “It’s about staying true to your values, believing in God, and putting in the hard work. With that, anything is possible.” With five thriving Bell stores, Vivek Mahajan continues to dream bigger, aiming to expand further while maintaining the principles that brought him success: faith, family support and dedication to the community. His journey is a powerful reminder that entrepreneurial success is built not only on vision and effort but also on the people who stand beside you every step of the way.

TEAM WIRELESS LTD.
LET'S TALK

Bell
Authorized Dealer

5 LOCATIONS TO SERVE

- BELL NORTH HILL, CALGARY**
- BELL CARRINGTON, CALGARY**
- BELL CANMORE**
- BELL OLDS**
- BELL COURTENAY**

VIVEK MAHAJAN
DIRECTOR TEAM WIRELESS LTD.

BEST PLANS AND FLAGSHIP SMARTPHONES AVAILABLE

5874345000

Alberta's Health Care on the Brink: Privatization Fears Grow as ER Closures Spikes

Dr. Rajeev Sharma/National Times

In the heart of Canada's oil-rich province, Alberta's health-care system is unraveling before the eyes of its citizens. Emergency rooms are closing unexpectedly, patients wait endlessly for care, and health workers are stretched to their breaking point. Meanwhile, Premier Smith's government is pushing a bold and deeply controversial restructuring plan that critics say is quietly steering the province toward privatization.

getting more bureaucracy," states Dr. Alicia Ford, an emergency physician in Red Deer. "Our ERs are overwhelmed, patients wait for hours, and rural hospitals are closing their doors for days at a time."

Voices from the Frontline and Beyond: In October alone, eleven hospitals experienced full or partial ER closures due to critical staff shortages. In places like Stettler and Beaverlodge, patients faced 7- to 40-hour shutdowns forcing them to travel farther, wait longer, or in some cases, go without urgent care altogether.

have to be a road warrior just to get basic care."

The Shadow of Privatization :

Under new legislation, Bill 55, Alberta's government is opening the door for private companies and religious groups to manage hospitals and health services. For many health workers and patients, this feels like betrayal. "This is privatization by the back door," warns Sarah Yoon of the Alberta Nurses Union. We're funding a system that majority can't access, and the smell demographic that



Breaking Up Alberta Health Services AHS has been the backbone of the province's health care, coordinating everything from family doctors to mental health support to long term plan. Now, the government plans to dismantle this giant, splitting it into four separate agencies, Primary care, Acute Care, Mental Health and Addictions, and Continuing Care. On paper, the aim is clear: to "modernize" the system. But many Albertans aren't buying it. "Instead of better care, we're

Eileen Clarke, 72, from Drumheller, puts a human face on the crisis. "I've paid taxes my whole life," she says. "Now I can't find a family doctor, and I wait weeks for simple tests. This isn't the health care I expected." Young parents, too, are feeling the pinch. Sarah and Mark Thompson, new residents of Grande Prairie, recently drove over two hours to access a pediatrician for their toddler's recurring fever. "It's exhausting and stressful," Sarah says. "You shouldn't



Danielle Smith, Premier of Alberta.

can afford the added costs will get faster care, shifting among the basic fundamentals of healthcare, equity and equality. Political scientist Duane Bratt from Mount Royal University echoes the concern: "Albertans aren't asking for a new organizational chart; they want a doctor they can see and a hospital that's open when they need it."

Public opinion reflects this unease:

A recent poll showed 43% of

Albertans oppose the restructuring, with frontline workers voicing frustration over poor communication and growing workloads.

A System Straining Under Pressure:

Alberta's health crisis isn't new. Staff shortages have been a persistent problem, but the government's approach seems to be making things worse. Ambulance services are stretched thin, and rural communities already struggling with fewer facilities face longer drives and reduced services. The Health Sciences Association of Alberta (HSAA) recently rejected a contract agreement by 59% of its members, citing burnout and inadequate support.

A Glimmer of Hope: Yet, amid the uncertainty, some health-care leaders remain cautiously optimistic. Dr. Mona Patel, a family physician in Calgary, says, "Reform is needed, but it has to be done with transparency,

investment in people, and strong public oversight. There's still time to get it right." Community groups are rallying to advocate for better staffing, improved rural access, and a commitment to keeping Alberta's health care truly public and accessible.

Premier Smith maintains that the reforms will focus dollars on patient care rather than bureaucracy. "We want a system that works for every Albertan," she says. "That means listening, adapting, and making tough choices."

Speak Up for Alberta's Health Care:

Alberta's health-care future isn't set in stone, it depends on the voices of its citizens. If you're concerned about ER closures, staffing shortages, or the creeping privatization of our public health system, here are some steps you can take to make a difference:

Reach out to your local MLA:

Let your elected representative know how these changes are affecting you

and your community. Demand transparency, accountability, and a commitment to keeping health care public and accessible. Support frontline workers. Health-care professionals are on the frontlines of this crisis. Show your support through local nursing unions or health advocacy groups working to improve working conditions and patient care.

Join community forums:

Many municipalities and advocacy groups hold discussions about health-care reforms, participate and make your voice heard.

Together, Albertans can demand a health-care system that serves everyone fairly, fully, and publicly. For now, Albertans wait with growing anxiety, but also with hope, that their voices will shape a future where health care is a right, not a privilege.



The advertisement is framed by a decorative border with floral and geometric patterns in shades of pink, green, and gold. At the top center is the Gwalia logo, which features a stylized sun or flower icon above the word "Gwalia" in a red banner. Below the logo, the text "Premium" is written in a cursive font, followed by "FESTIVE GIFTING" in large, bold, pink capital letters. Underneath this, "2025" is written in a smaller font. The central text "WIDE RANGE OF FESTIVE GIFTING COLLECTION" is in pink capital letters. Below this, a list of gift options is provided in black capital letters: "Sweets Boxes | Bite Boxes", "Sweet + Dry Fruit Combos", "Royal Jar & Sweet Hampers", "Festive Hampers", and "Festive Trays & Baskets". At the bottom, the text "GIFT BOXES ♦ GIFT HAMPERS ♦ GIFT TRAYS" is written in a smaller font. In the bottom left corner, there is a small red circle with the number "2" inside.

Gwalia

Premium

FESTIVE GIFTING

2025

**WIDE RANGE OF
FESTIVE GIFTING COLLECTION**

**Sweets Boxes | Bite Boxes
Sweet + Dry Fruit Combos
Royal Jar & Sweet Hampers
Festive Hampers
Festive Trays & Baskets**

GIFT BOXES ♦ GIFT HAMPERS ♦ GIFT TRAYS

Reet Mushiana Winning Hearts in Ward 5

Arvind Arvind / National Times

As Calgary heads into another pivotal municipal election, one name gaining momentum and attention across the northeast: Reet Mushiana. Her campaign in Ward 5, one of the city's fastest-growing and most diverse constituencies, has not only sparked conversations but also inspired confidence among residents of all ages.

A Community at the Crossroads
Ward 5, which encompasses neighborhoods like Saddleridge, Skyview, Redstone, Cornerstone, and Cityscape, has become a hub of diversity and rapid population growth. Yet, for all its vibrancy, residents have long struggled with lagging infrastructure, overcrowded schools, healthcare access issues.

"Ward 5 deserves more than promises," Mushiana explained at a recent community gathering. "We need real solutions, better transit, safer streets, affordable housing, and improved healthcare access. My goal is to make sure people here finally get the fair share they deserve."

Connecting with All Generations

One of the reasons Mushiana's campaign stands out is her ability to resonate with every generation of voters. Youth and young professionals see in her a leader who prioritizes opportunities for growth, from job creation to skill development programs. Families are drawn to her focus on safe neighborhoods, affordable childcare, improved schools, and

VOTE
ELECT **REET** WARD 5
BRIGHTER FUTURE. TOGETHER

REET MUSHIANA
FOR WARD 5

✓ VOTE ELECTION DAY: OCTOBER 20, 2025
ADVANCE VOTE: OCTOBER 6-11, 2025

- Making Life More Affordable
- Investing in Infrastructure that Serves Ward 5
- Building Safer & Stronger Communities
- Transparency & Accountability at City Hall

BRIGHTER FUTURE, TOGETHER

robust community services. Seniors, often overlooked in political debates, have found an advocate in Mushiana. Like many candidates who rely heavily on traditional political machinery, Mushiana's campaign has a grassroots flavor. She has spent time walking through neighborhoods, attending cultural events, and holding small group discussions in community halls and living rooms. "She doesn't just talk, she listens," said Amarjit Singh, a longtime Ward 5 resident.

Building a Vision for Ward 5

Expanding public transit links to reduce commute times. Advocating for better healthcare infrastructure in the northeast, including urgent care access.

A Strong Contender in a Competitive Race

Political observers note that Ward 5

has always been a high-stakes battleground in Calgary's municipal politics, with its large population, rapid growth, and engaged voters. Her rallies and community events are drawing large turnouts, often filled with enthusiastic youth volunteers and families eager to see change.

The Road Ahead

With just weeks left before the election, Mushiana's focus remains clear: stay connected with residents, amplify their concerns, and deliver a vision that inspires confidence. Win or lose, her campaign has already demonstrated the power of grassroots politics in building trust and bridging communities.

In Ward 5, that hope might just turn into a historic victory.

HONEST Restaurant: Calgary's Premier Destination for Authentic Gujarati Flavors

Arvind Arvind / National Times

Chirag Patel's journey began when he, along with his Gujarati cousins, moved to Calgary in search of new opportunities. Bringing with them a deep love for Gujarat's culinary heritage, Chirag and Vinaben Patel dreamed of creating a restaurant that could serve authentic Gujarati flavors to the local community.

"Our vision was simple," Chirag explains. "Serve food that tastes like home, prepared with honesty and care, where every guest feels like family."

Opening a restaurant in a new country was no easy task. From navigating local regulations to understanding Canadian tastes, the challenges were many. Yet, through determination and hard work, the couple transformed their dream into reality. Honest Restaurant is truly a labor of love. Chirag and Vinaben manage every aspect from crafting traditional recipes to overseeing daily operations. Their dedication to quality, attention to detail, and personal touch have quickly made the restaurant a beloved choice for families.

Over a year, Honest Restaurant has grown to become the go-to destination for Gujarati families in Calgary. From traditional thalis to sweets like jalebi and shrikhand, every dish on the menu reflects authentic Gujarati flavors.

Customers praise not just the food but also the warmth and honesty of

the service. "I've been coming here for years," shares Rakesh Mehta, a local patron. "You can taste the authenticity in every bite, and the hospitality is unmatched. Chirag and Vinaben truly care about their customers

For Chirag and Vinaben, the restaurant is about more than food. "Our success comes from treating every customer like family and maintaining honesty in everything we do," they say. This philosophy has earned them a loyal following and strengthened their bond with Calgary's Gujarati community. With growing popularity, Honest

Restaurant continues to thrive. Chirag and Vinaben envision expanding the menu, now having introduced Indo-Chinese and multiple Indian cuisine, hosting cultural events, and sharing authentic Gujarati cuisine with even more families, all while staying true to the values of honesty, tradition, and family.

"We want every family that visits to feel at home, enjoy the flavors of Gujarat, and leave with a smile," Chirag adds.



Authentic Indian Catering Available for Every Occasion

Pure authentic Indian sweets

- ✓ Traditional Gujarati
- ✓ Rich Punjabi
- ✓ Authentic South Indian



Huge sale on Sweets this Diwali

For more information contact us and also follow us Instagram and Facebook

 @calgaryhonest

 @Honestcalgary

Contact: 8254143091

Address: Unit #340 10980 38th Street NE



Championing Safety and Community Rights in Ward 5: Jigar Patel

Arvind Arvind / National Times

As Calgary's municipal elections approach, Ward 5 is under the spotlight, particularly following a troubling rise in shootings and extortion incidents targeting local businesses. Jigar Patel, a community advocate and candidate for Ward 5, is focusing his campaign on safety, fairness, and practical solutions to ensure all residents feel secure, represented, and supported.

Rajeev Sharma (NT): Safety is the cornerstone of your campaign. Why is it your top priority?

Jigar Patel: Safety is the foundation of every thriving community. Families cannot enjoy parks, seniors cannot feel secure walking, and businesses cannot prosper in unsafe neighborhoods. My approach is simple: "Safety First, Community Always." This includes stronger community-police partnerships, better street lighting and safer crosswalks

Rajeev (NT): Ward 5 has been shaken recently by shootings and extortion targeting local businesses. Police staffing is limited due to budget and hiring constraints. What immediate steps would you take to address this?

Jigar Patel: I want to acknowledge the fear residents are feeling—these incidents are unacceptable.

Given current staffing limits, we need a multi-layered approach:



Jigar Patel, a candidate running councillor election from Ward 5.

CPTED & lighting upgrades: Improve street and storefront lighting and sightlines in high-risk areas to deter crime.

Temporary CCTV and video-sharing partnerships: Work with businesses to install cameras and share footage with police under strict privacy rules.

Business protection & anti-extortion hotline: Launch a 24/7 reporting line and provide legal and safety resources for affected merchants.

Community safety ambassadors & bylaw enforcement: Increase visible, non-police presence to deter crime and free up officers for investigations.

Data-driven hotspot policing: Coordinate with CPS for targeted patrols in crime hotspots.

Youth diversion programs: Expand after-school programs, mentorship, and sports initiatives to prevent at-risk youth from engaging in criminal activity.

Victim support services: Provide counseling, trauma response, and advocacy for those affected.

For the medium term, I will advocate for restoring police recruitment, permanent CCTV programs, anti-extortion enforcement, and provincial/federal partnerships to tackle organized crime.

"Adding officers is vital, but while hiring is limited, we must act smartly with design, tech, and community-based solutions to protect residents immediately."

Rajeev (NT): Ward 5 is also facing infrastructure gaps. How will you address them?

Jigar Patel: Ward 5 includes Saddleridge, Skyview, Redstone, Cornerstone, and Cityscape, some of Calgary's fastest-growing neighborhoods. Roads are congested, transit is delayed, and residents feel neglected. I plan to advocate for:

- 1.Improved bus and LRT connections to downtown and hubs.
2. Upgraded roads and intersections to reduce traffic bottlenecks.
- 3.New community centers and sports facilities for youth and families.

Rajeev (NT): Housing and affordability are major concerns. How do you plan to tackle these?

Jigar Patel: Affordable housing is a human rights issue. I will collaborate with developers and non-profits to create affordable, sustainable housing. For seniors, I will ensure assisted living options in the northeast so they don't have to move across the city.

Rajeev (NT): Healthcare access remains a challenge in the northeast. What are your solutions?

Jigar Patel: Urgent care and medical facilities need to be closer to residents. I will push for city and provincial collaboration to build healthcare infrastructure in Ward 5, reducing travel times for families in need.

Rajeev (NT): What about small businesses and economic growth?

Jigar Patel: Small businesses are the backbone of Ward 5. My plans include:

Simplified permits and licensing processes. Support for immigrant entrepreneurs. Neighborhood business hubs to showcase local shops and services.

Rajeev (NT): Where do you stand with “” climate change and promoting sustainability?

Jigar Patel: Sustainability is critical. I will advocate for:

*-More parks,
bike paths, and
recreational trails.
-Tree planting and
green cover projects
for cleaner air and
cooler summers.*

Final Thoughts: With a comprehensive plan addressing safety, shootings and extortion prevention, infrastructure, housing, healthcare, youth, small businesses, and environmental sustainability, Jigar Patel is not just running for office he is positioning himself as a true champion of Ward 5 residents' rights and future.

The people of Ward 5 have been waiting too long for fair treatment and equal investment. I will fight to make sure our voices are not only heard but acted upon at City Hall,” Patel asserted.



PRO TAX BLOCK

T4: SINGLE \$25 COUPLE \$40

**CORPORATE TAX, PAYROLL,
BOOKKEEPING, GST TAX**

protaxblock.com • 403-607-6005

GWALIA: Calgary's Taste of India, A Story of Passion, Perseverance, and Tradition

Dewangi Kode / National Times

In the vibrant neighborhoods of Northeast Calgary, near Sunridge Mall, lies a culinary destination that has become synonymous with authentic Indian vegetarian cuisine—Gwalia, founded by husband-and-wife duo Dhaval Desai and Parul. From humble beginnings to a thriving restaurant, Gwalia's journey is a tale of determination, cultural pride, and the pursuit of excellence.

Dhaval and Parul arrived in Canada with a dream: to bring the rich culinary heritage of India to a new home while creating a space that welcomed families and food lovers alike. Adjusting to a new country, understanding local tastes, and building a business from scratch were daunting challenges. Yet, through unwavering dedication, meticulous planning, and a deep love for cooking, the couple overcame every obstacle to establish Gwalia as one of Calgary's most beloved vegetarian restaurants.

A Commitment to Authenticity

Gwalia has quickly gained a reputation for its wide range of Indian sweets, including gulab jamun, ladoos, barfis, kaju treats, and many regional specialties. But the restaurant's true distinction lies in its commitment to authentic flavor. Every spice used in the kitchen is imported directly from India, ensuring that the taste remains true to traditional recipes. From rich, creamy desserts to



Dhaval Desai, Left and Parul Desai at Gwalia's.

flavorful curries, diners at Gwalia experience a culinary journey straight to India without leaving Calgary. "The first bite immediately reminded me of home," says longtime customer Rita K., reflecting the sentiment of many in Calgary's Indian community. "Every sweet and dish is made with such care, it's like eating in India again."

A Community-Focused Restaurant

Beyond its food, Gwalia has made a mark in Calgary through community engagement and festive initiatives. For two consecutive years, the restaurant has delighted families with Diwali hampers, thoughtfully curated with traditional sweets and snacks. These hampers have become a much-anticipated tradition, bringing people together and spreading joy during the festive season.

"Seeing the smiles on people's faces during Diwali makes all the hard work worthwhile," says Parul, highlighting the couple's belief in using food as a medium to connect with the community.

A Menu That Reflects India's Culinary Diversity

Gwalia's menu goes beyond sweets, offering a celebration of India's diverse culinary heritage. From hearty vegetarian curries and tandoori dishes to light snacks and regional specialties, the restaurant prioritizes freshness, quality ingredients, and a 100% vegetarian approach. Health-conscious diners, families, and food enthusiasts all find something to love at Gwalia.

Customer Priya T. shares, "The



curries are rich, authentic, and full of flavor. You can really taste the quality of the ingredients.

The Big Diwali Utsav 2025

This year, Gwalia is taking festive celebrations to the next level with The Big Diwali Utsav 2025, a premium festive gifting collection designed for both personal and corporate gifting. The collection includes:

- Sweets Boxes – Traditional favorites in elegant packaging
- Bite Boxes – Perfect for sharing with family and friends
- Sweet + Dry Fruit Combos – A blend of indulgence and health
- Royal Jars & Sweet Hampers – Luxurious gifting for loved ones
- Festive Hampers, Trays & Baskets – Beautifully arranged for celebrations
- Gift Boxes + Premium Gifting Sets – Ideal for corporate clients and personal gifting

Every hamper preserves authentic Indian flavors through spices and ingredients imported directly from India. Gwalia ensures that each gift not only delights the palate but also embodies the spirit of tradition and festivity. “Our Diwali hampers are a way for us to share happiness and tradition with Calgary families,” says Dhaval. “It’s our way of giving back to the community that welcomed us and

supported our journey.”

An Inspirational Journey of Perseverance

The story of Gwalia is more than just a tale of food—it is a story of courage, perseverance, and entrepreneurial success. Starting from scratch in a new country, Dhaval and Parul have built a brand that resonates with people across Calgary. “Our journey in Canada has been incredible,” says Dhaval. “We started with a dream, and today Gwalia stands as a symbol of perseverance, and authentic Indian vegetarian cuisine thriving abroad.”

Gwalia is open seven days a week, inviting everyone to enjoy welcoming atmosphere, authentic Indian flavors, and a celebration of culture and tradition.



For Bulk Orders / Bookings
Contact : (+1) 647 214 2345
or Our Outlets

Calgary

2555 32 St NE, Calgary, AB T1Y 7J6, Canada.
Contact : +1 403-614-9999

OTHER OUTLETS

CANADA
 Etobicoke | Scarborough | Hamilton | Ottawa | Regina

USA
 Dallas | Houston

INDIAN SWEETS
INTERNATIONAL SWEETS
DRY FRUITS
HAMPERS

INDIA • CANADA • USA • DUBAI

DAYDREAMERS

Ustad G 76' Sanjay Bajaj Opens Up About His Struggle in an Exclusive Interview with National Times' Rajeev Sharma

Dr. Rajeev Sharma/National Times

Renowned personality Sanjay Bajaj of Ustad G 76' (BC) engaged in an exclusive interview with National Times, sharing the previously unspoken aspects of his journey, which were marked by challenges, perseverance, and unwavering self-belief. Born with ambitious aspirations but limited resources, Bajaj's path was far from straightforward. He recounted the hardships of his early days, where opportunities were scarce and setbacks were frequent. "Life tested me at every step," he stated. "However, instead of succumbing to adversity, I perceived every obstacle as a valuable lesson."

Despite financial challenges and professional hurdles, Bajaj built his career step by step. His story reflects the resilience of someone who refused to be defined by difficulties. With sheer determination, he carved his own space, inspiring countless others along the way.

"There were moments when everything seemed impossible, but I kept reminding myself that struggle is the price of success," he told National Times.

Over the years, Ustad G 76' has not only achieved professional recognition but has also become a mentor and role model. His journey demonstrates that success is not about shortcuts, it is about discipline, patience, and passion.



Dr. Rajeev Sharma, Left and Sanjay Bajaj (Ustad G' 76).

HAPPY
DIWALI

Dazzle This Diwali with Jewels that
Light Up Every Moment

VJ
JEWELLERS

+1 403 899 2121 | vjjewelleryyc@gmail.com

The New Silk Ties India, Russia, and China Are Shaping a Multipolar World

Dr. rajeev Sharmal National Times

In an era of shifting alliances and economic realignments, the partnership between India, Russia, and China is taking center stage in shaping the global order. Often referred to as the RIC trilateral, this strategic triangle connects nearly 40% of the world's population and holds the potential to redefine 21st-century geopolitics.

For decades, India and Russia have enjoyed a relationship defined by trust, defense cooperation, and economic synergy. In 2024–25, bilateral trade hit a record \$68 billion USD, fueled by India's imports of Russian crude oil, fertilizers, and agricultural products. Russia, seeking to expand its agricultural footprint, has agreed to increase sunflower oil exports to India, while both nations explore deeper collaboration in energy and technology. On defense, Moscow and New Delhi are in talks for more S-400 missile systems, underlining that military ties remain a pillar of the relationship. Prime Minister Narendra Modi and President Vladimir Putin have repeatedly described the bond as “time-tested and future-ready,” resilient even under external pressures.

India and China, neighbors with a complex history, are cautiously turning the page toward cooperation. Recent agreements on border patrolling along the Line of Actual Control (LAC) have reduced flashpoints, while



Vladimir Putin, left, Narendra Modi, centre, and Xi Jinping underscore their growing influence in shaping today's multipolar world.

Beijing's approval “in principle” to reopen the Shipki-La trade route in Himachal Pradesh signals an appetite for renewed cross-border commerce and cultural exchange. At the BRICS summit, Prime Minister Modi and President Xi Jinping emphasized dialogue and pragmatic engagement, identifying green energy, infrastructure, and digital trade as areas of potential collaboration.

Russia has been instrumental in reviving the Russia-India-China (RIC) format, positioning itself as a mediator and convener. Both Moscow and Beijing have voiced strong support for trilateral cooperation, framing it as a tool for regional stability and global multipolarity. India, while cautious, has signaled openness to discussions conducted in a “mutually convenient manner.”

Together, India, Russia, and China represent an immense economic and cultural force, capable of shaping the

rules of global trade and diplomacy.

India–Russia:

- Trade in 2024–25: \$68.7 billion USD
- Key imports: oil, fertilizers, sunflower oil
- Defense: Negotiations on additional S-400 missile systems

India–China:

- Breakthrough agreement on border patrolling rights
- China agrees to reopen Shipki-La trade route
- Focus on cooperation in green energy, infrastructure, and technology

Trilateral (RIC):

- Population: ~3 billion (40% of world)
- Share of global GDP: Over 25%
- Aim: Promote multipolarity, trade stability, and regional security.

From Surrey to Ottawa: A Promise of Safety, Prosperity, and Inclusion

Dr. Rajeev Sharma/National Times

Sukh Dhaliwal: Surrey is a strong community. I'm committed to amplifying your voices in Ottawa to build a safer, more prosperous and Surrey is a strong community. I'm committed to amplifying your voices in Ottawa to build a safer, more prosperous and inclusive society.



Sukh Dhaliwal, left, and Dr. Rajeev Sharma sit together after a conversation on 'From Surrey to Ottawa: Advancing Security, Growth, and Belonging.'

National Times Media Group has interviewed with Sukh Dhaliwal, Member of Parliament for Surrey-Newton, for an in-depth conversation. Rajeev Sharma (Managing Editor/Director) led the discussion on community work, initiatives, and crime control, while Richa Walia (Bureau Head, BC) posed questions on immigration one of the most critical issues for Surrey residents.

Rajeev Sharma (NT): Mr. Dhaliwal, you've been representing Surrey-Newton for many years. What are your key initiatives to

support the community today?

Sukh Dhaliwal (MP): My focus has always been to uplift our community by investing in youth programs, small business growth, and health awareness.

Rajeev Sharma (NT): Crime remains a concern in Surrey, particularly among youth. What steps are you taking to address this?

Sukh Dhaliwal (MP): Public safety is one of my top priorities. I am

for more skill-building programs and partnerships with educational institutions so young people can grow into leadership roles in our society.

Richa Walia (NT): Immigration is one of the most pressing concerns for Surrey families. What are your efforts to improve the system?

Sukh Dhaliwal (MP): Immigration is very close to my heart because Surrey is built by immigrants. I have been pushing for faster family reunifications, smoother settlement processes, and better support for newcomers. I want to make sure that people who come here feel welcomed, respected, and supported as they build their future in Canada.

Rajeev Sharma (NT): Finally, what message would you like to give to your constituents?

Sukh Dhaliwal (MP): Surrey is a strong and vibrant community. I want everyone to know that I will continue to amplify your voices in Ottawa.

"There is no place for hate in Canada. All Canadians should feel safe—regardless of where they live, work, gather, and pray."

Dhaliwal's proactive approach reflects a broader vision: a Surrey where residents feel protected, respected, and empowered, bridging the gap between government policies and on-the-ground community needs.

Virtual Law Group: Guiding Calgary Families with Compassion and Expertise

Rajeev Sharma / National Times

Family disputes are inherently complex, often causing emotional distress, financial strain, and profound life changes. In Calgary, a prominent law firm is revolutionizing the way families navigate these challenges by combining professional expertise with compassion and accessibility.

Virtual Law Group, led by Principal Lawyer Harwinder Johal, has established itself as a trusted authority for families seeking guidance on divorce, child custody, spousal support, and property division. What distinguishes Virtual Law Group, however, is not merely its proven track record, but rather the firm's empathetic approach to client relationships.

"In times of family disputes, individuals require more than just legal representation they need someone who listens attentively, understands their unique circumstances, and genuinely cares," Harwinder notes.

"Our mission extends beyond merely resolving cases we strive to restore peace of mind and provide a sense of closure."

By offering virtual consultations, Virtual Law Group effectively eliminates traditional barriers, such as exorbitant legal fees, lengthy wait times, and the stress associated with court appearances. Families can now access expert guidance from the comfort of their own homes, while still benefiting

from personalized, hands on support. Clients and community members alike have consistently praised Virtual Law Group for its empathetic approach, emphasizing the firm's ability to transcend traditional legal services. Many have noted that Virtual Law Group not only resolves complex legal issues but also helps families regain clarity, confidence, and dignity during exceptionally challenging times.

What sets Virtual Law Group apart as the premier choice in Calgary is its seamless integration of professionalism, experience, and compassion.

Over the years, Harwinder and her team have successfully guided numerous families toward resolutions that prioritize both justice and the well-being of all parties involved, with a particular emphasis on the needs of children.

Key reasons families choose Virtual Law Group:

1. Proven Expertise: *Extensive experience in navigating complex family law matters.*

2. Trusted Professionals: *A client-first approach led by a compassionate and experienced leader.*

3. Accessible & Flexible: *Virtual consultations ensure convenient and affordable access to legal guidance.*

4. Compassionate Services: *Ensuring fair settlements while providing emotional support to families.*

As Calgary's community continues to evolve and diversify, services like Virtual Law Group demonstrate that legal assistance can be a beacon of hope, guidance, and genuine human connection, empowering families to navigate life's most daunting challenges with dignity and clarity.

VIRTUAL LAW GROUP
CANADA

- ✓ IMMIGRATION
- ✓ PERSONAL INJURY
- ✓ REAL ESTATE
- ✓ FAMILY LAW
- ✓ CIVIL & COMMERCIAL LITIGATION
- ✓ BUSINESS LAW
- ✓ WILLS & ESTATE PLANNING
- ✓ ESTATE ADMINISTRATION

Harwinder K. Johal
MA, LLB
Barrister & Solicitor

info@virtuallawgroup.ca
www.virtuallawgroup.ca

825-437-8777

Pelvic Health Matters: Empowering Women through specialized physiotherapy

Richa Walia / National Times

When it comes to women's health, one area that often goes unnoticed and untreated is pelvic floor wellness. From childbirth recovery to chronic pelvic pain, these issues affect millions of women worldwide, yet many suffer in silence.

Breaking the stigma and bringing expertise to this vital field is Ramya, a highly experienced physiotherapist with over 17 years of global practice and more than 7 years specializing in pelvic floor physiotherapy in Canada. Originally from Tamil Nadu, India, Ramya's journey has taken her from teaching in India and Malaysia to becoming a licensed practitioner in Canada, where she has dedicated her career to empowering women through education, prevention, and personalized care.

In this conversation with National Times, she shares her story, her unique approach, and her mission to ensure women never feel they must "just live with it."

Richa (NT): Ramya, could you start by telling us a little about your journey into physiotherapy?

Ramya: My story begins in Tamil Nadu, India, where I was first inspired to become a physiotherapist after seeing how rehabilitation transformed the life of a relative. That moment

made me realize the power of physiotherapy. I pursued my studies at Sri Ramachandra Medical College, one of India's top institutions, and later worked as a lecturer in physiotherapy in both India and Malaysia. In 2017, I became licensed in Canada, and today I have over 17 years of global experience with more than 7 years specializing in pelvic floor physiotherapy in Canada.

Richa (NT): Pelvic floor physiotherapy is not something many people understand. Can you explain its importance?

Ramya: Absolutely. Pelvic floor physiotherapy goes far beyond what people imagine. It focuses on conditions such as pelvic organ prolapse, urinary and bowel incontinence, pelvic pain (dyspareunia, vaginismus, vulvodynia, vestibulitis, clitorodynia), prenatal and postnatal care, diastasis recti, pediatric pelvic floor issues, and ano-rectal disorders.

Richa (NT): What makes your approach unique compared to traditional physiotherapy clinics?

Ramya: I believe physiotherapy is a devotion, not just a business. I never want patients to just "get on a machine and leave." Each case is like an investigation: why the problem started, how to stop it from progressing, and how to prevent it from returning. I always work one-on-one with patients and take time to educate them on posture, breathing, sleep, and daily routines.

Richa (NT): Having worked in India, Malaysia, and now Canada, how has



Ramya Left, pelvic floor physiotherapist, with Richa Walia.

this global experience shaped your practice?

Ramya: My years of teaching in India and Malaysia gave me a strong academic foundation, and working in Canada highlighted how much awareness is still needed around pelvic health. That's why I am also committed to training more pelvic floor physiotherapists. I don't see it as competition—on the contrary, I want more specialists so women don't have to wait months to get proper care.

Richa (NT): What's the special education and certification?

Ramya: Ramya also shared she has Professional Certifications in Bachelor's in Physiotherapy, Medical Transcription, Pranic Healing (Basic Certification), Acupuncture / Dry Needling, Pelvic Floor Physiotherapy – Level 1 (Incontinence), Pelvic

Floor Physiotherapy – Level 2 (Dyspareunia: pain in the vaginal region), Pelvic Floor Physiotherapy – Level 3 (Ano-rectal disorders such as constipation), Diastases Recti (Abdominal muscle separation), Prenatal Training (Labor preparation), Postnatal Rehabilitation, Breastfeeding Assistance (Infant and maternal),

Biofeedback Therapy, Real-time Ultrasound for Pelvic Floor Rehabilitation.

Richa (NT): What message would you like to give to women in our community?

Ramya: I would say, don't ignore your health. Women often put their

needs last, but pelvic floor issues are common and very treatable. You don't have to "just live with it."

Early intervention and prevention make a huge difference. My mission is to spread awareness so every woman knows that help is available, and that recovery and confidence are possible.

Issac: Loyalty, Excellence and Passion in Automotive Sales

Arvind Arvind / National Times

For over 2 decades, Isaac Bittu has been a cornerstone of Country Hills Toyota in Northeast Calgary, serving as a Senior Product Advisor and trusted advisor to countless customers. Known for his dedication, loyalty, and commitment to excellence, Bittu has consistently set the standard in automotive sales, earning accolades such as the Sales Champion Award from 2011 to 2024 and recognition from the Calgary Motor Department of Alberta for more than 20 consecutive years.

Born and raised in Sansarpur, Jalandhar district, India, Isaac holds a Market Management Degree along with a Bachelor of Economics. He began his career at Gabriel India Limited as a Sales Representative before moving to Canada in 1996.

Describing himself as a Senior Product Advisor committed to client satisfaction, Bittu emphasizes personal interaction, taking time to meet customers in person and understanding their needs thoroughly. "I seek competition within myself," he says, "It makes my work more interesting and rewarding." His approach has earned him the

Most Loyal and Best Salesperson Award from Jim Jiwani, owner of Country Hills Toyota, reflecting both his dedication and exceptional performance.

Bittu believes in hard work balanced with smart teamwork, always learning from colleagues and striving to be a great team player. Beyond work, he enjoys traveling, meeting new people, and spending quality time with family and friends. A passionate member of his church community, Isaac plays guitar, keyboard, and harmonium,

singing both Punjabi and Hindi songs as well as hymns. He is also deeply involved in cultural and community activities, bringing the same energy and commitment to service outside of work as he does in his professional life. Through his 20 years of consistent excellence, loyalty, and community engagement, Isaac Bittu stands as a shining example of dedication in Calgary's automotive industry a professional who combines skill, integrity, and heart to deliver the very best for his clients.

Building Bridges: Creating opportunities

The story of BC social mixer

National Times Managing Editor Rajeev Sharma interviewed with Surrey-based entrepreneur and community builder Sunil Khatri, the man behind the growing BC Social Mixer. What began during the pandemic as an online way for professionals to stay connected has now expanded into one of British Columbia's most dynamic in-person networking platforms, uniting hundreds of business leaders, professionals, and entrepreneurs.

Rajeev Sharma (RS): Sunil, how did the Social Mixer idea first come to life?

Sunil Khatri (SK): It started during COVID-19. Since people couldn't meet physically, many felt isolated, especially business owners who rely on connections. I began online mixers using web platforms to keep people engaged and talking. After restrictions eased, we moved into live, in-person events, and that's when it really took off.

Rajeev Sharma (RS): Why call it the BC Social Mixer now?

Sunil Khatri (SK): Because it's no longer limited to Surrey. We've attracted members and attendees from across the Lower Mainland and other parts of BC. The idea is to make it a province-wide platform for networking, mentorship, and collaboration.

Rajeev Sharma (RS): How many



Sunil Khatri, entrepreneur and community builder

members are part of the group today?

Sunil Khatri (SK): We now have hundreds of professionals and business owners from different industries real estate, finance, law, IT, healthcare, marketing, immigration, Lawyers, food chains, Tourism, SeaBoats.

Rajeev Sharma (RS): What makes the BC Social Mixer unique compared to other networking events?

Sunil Khatri (SK): Our approach is simple: relationships before business. We focus on building genuine trust and connections in a relaxed setting. That's what makes people keep coming back.

Rajeev Sharma (RS): How has the community responded so far?

Sunil Khatri (SK): The response has been overwhelming. We've seen

partnerships formed, business deals signed, and even mentorships created through our events. It's gratifying to see professionals walk away with real results, not just a stack of business cards.

Rajeev Sharma (RS): Where do you see the BC Social Mixer movement heading?

Sunil Khatri (SK): The long-term vision is a strong, connected network of professionals nationwide, with BC leading the way.

National Times thanks Sunil Khatri for sharing his vision. The BC Social Mixer has become more than just an event, it's a growing movement bringing professionals together, strengthening networks, and shaping the future of business in the province.

Turning Dreams into Homes: The Keyways Mortgage Promise

Richa Walia | National Times

In the bustling real estate landscape of Surrey, one mortgage company is making a lasting impact on families seeking to achieve their dream of homeownership. Keyways Mortgage, led by the dynamic duo Vinay Sharma and Shubha Chaudhury, has become synonymous with trust, transparency, and personalized service.

A Vision Born from Experience

Vinay Sharma recalls the inspiration behind Keyways Mortgage: “We saw firsthand how overwhelming the mortgage process can be for families. Our goal was to simplify it, making it transparent and personalized, guiding each client step by step toward homeownership.”

Shubha Chaudhury adds, “The biggest challenge was building trust. People are cautious when it comes to mortgages. We focused on honesty, delivering on our promises, and ensuring clients always felt supported. Over time, our consistency built credibility.”

Going Beyond Traditional Services

What sets Keyways Mortgage apart is its client-first approach. Vinay emphasizes, “We see ourselves not just as service providers, but as educators and partners. We take the time to explain every detail



Shubha Chaudhury, Left and Vinay Sharma, Right, the duo behind Keyways Mortgage, helping families achieve homeownership dreams.

and customize solutions for first-time buyers, newcomers, self-employed individuals, and families seeking refinancing. This personal touch truly makes the difference.”

Shubha Chaudhury elaborates on their specialized offerings: pre-approvals, construction loans, debt consolidation, private funding, newcomer guidance, first-time homebuyer support, self-employed mortgage options, and credit line setups. “Every service is designed to meet the unique needs of our clients,” she notes.

Stories of Trust and Impact

Clients often praise the warmth, guidance, and professionalism of the Keyways team. Amit and Priya Verma, recent homeowners, share: “Vinay and Shubha walked us through the entire process, answered all our questions, and made us feel confident. Their honesty and dedication are unmatched.”

Another client, Kevin Jenson, adds:

“Keyways Mortgage made what seemed like a complicated process simple and stress-free. They truly care about their clients.”

A Vision for the Future

Looking ahead, Vinay Sharma shares his long-term vision: “Surrey is just the beginning. We aim to expand while keeping our core values of transparency, reliability, and personalized service at the heart of everything we do, sustaining relationships built on trust.”

Dedication That Makes a Difference

The success of Keyways Mortgage reflects the dedication, passion, and professionalism of its founders. Vinay Sharma and Shubha Chaudhury’s story is not just about building a business, it is about building trust.

पंजाब के साथ खड़ा केंद्र: प्रधानमंत्री मोदी ने बाढ़ राहत के लिए 1,600 करोड़ रुपये की घोषणा की

गुरप्रीत सिंह

पंजाब अपने इतिहास की सबसे विनाशकारी बाढ़ का सामना कर रहा है। नदियों का उफान, मूसलधार बारिश और अचानक आई आपदाएँ लाखों लोगों की जिंदगी पर भारी असर डाल रही हैं। इस कठिन समय में प्रधानमंत्री नरेंद्र मोदी ने त्वरित और संवेदनशील नेतृत्व का परिचय देते हुए राज्य के लिए 1,600 करोड़ रुपये की अतिरिक्त राहत राशि की घोषणा की— जो पहले से उपलब्ध 12,000 करोड़ रुपये के पैकेज से अलग है।

प्रधानमंत्री मोदी ने प्रभावित जिलों का हवाई सर्वेक्षण किया और गुरदासपुर में अधिकारियों के साथ बैठक कर नुकसान की स्थिति का व्यक्तिगत आकलन किया। उन्होंने बाढ़ प्रभावित लोगों की हालत को देखते हुए तुरंत बहुआयामी राहत पैकेज की घोषणा की, जिसमें पुनर्निर्माण, आर्थिक सहायता और कमजोर समुदायों



के कल्याण के उपाय शामिल हैं।

इस राहत पैकेज में प्रधानमंत्री आवास योजना के तहत नष्ट हुए घरों का पुनर्निर्माण, राष्ट्रीय राजमार्गों और स्कूलों की मरम्मत, और किसानों व पशुपालकों के लिए विशेष योजनाएं शामिल हैं। शिक्षा और जल प्रबंधन पर भी विशेष ध्यान दिया गया है। बाढ़ से प्रभावित सरकारी स्कूलों की मरम्मत के लिए समग्र शिक्षा अभियान के तहत सहायता सुनिश्चित की गई है, जबकि 'जन भागीदारी कार्यक्रम' के तहत वर्षा जल संचयन

और भूजल पुनर्भरण की संरचनाएं बनाई जाएंगी।

प्रधानमंत्री मोदी ने प्रभावित परिवारों से मुलाकात कर गहरी संवेदना जताई। मृतकों के परिजनों के लिए ₹2 लाख और गंभीर रूप से घायल लोगों के लिए ₹50,000 की अनुग्रह राशि की घोषणा की गई। इसके अलावा, बाढ़ और भूस्खलन से अनाथ हुए बच्चों को **PM CARES for Children** योजना के तहत विशेष सहायता दी जाएगी।



केंद्रीय दलों और एनडीआरएफ, एसडीआरएफ, सेना सहित अन्य एजेंसियों को नुकसान का विस्तृत आकलन करने के लिए तैनात किया गया है, ताकि भविष्य में और सहायता समय पर उपलब्ध कराई जा सके। प्रधानमंत्री मोदी की यह पहल यह दर्शाती है कि संकट के समय राज्यों के साथ खड़ा होना और समयबद्ध कार्रवाई प्राथमिकता है।

उत्तराखंड की आपदा में मुख्यमंत्री पुष्कर सिंह धामी की संवेदनशील नेतृत्वकारी भूमिका

गुरप्रीत सिंह

उत्तराखंड ने इस वर्ष अपनी इतिहास की सबसे भयावह आपदाओं में से एक का सामना किया। पहाड़ों की गोद में बसे इस राज्य को हमेशा प्राकृतिक चुनौतियों का सामना करना पड़ा है, लेकिन धाराली में आया बादल फटना (क्लाउडबस्ट) मानवीय स्मृतियों में गहरी छाप छोड़ गया। इस भीषण लासदी ने न केवल जन-जीवन को अस्त-व्यस्त किया, बल्कि प्रदेश के भविष्य और आपदा प्रबंधन की क्षमता पर भी प्रश्न खड़े कर दिए।

इसी कठिन समय में मुख्यमंत्री पुष्कर सिंह धामी ने वह नेतृत्व दिखाया, जिसकी झलक विरले ही देखने को मिलती है। आपदा की सूचना मिलते ही धामी न केवल स्थिति की समीक्षा के लिए मौके पर पहुंचे बल्कि लगातार राहत कार्यों की मॉनिटरिंग करते रहे। उन्होंने दिन-रात प्रभावित क्षेत्रों का दौरा किया और सुनिश्चित किया कि राज्य प्रशासन हर पीड़ित तक समय पर सहायता पहुंचा सके। राहत सामग्री की उपलब्धता, चिकित्सा सुविधाओं की व्यवस्था और पुनर्वास कार्य हर स्तर पर उनकी सक्रिय मौजूदगी ने पीड़ितों को यह भरोसा दिलाया कि सरकार उनके साथ खड़ी है।

इस आपदा प्रबंधन में भारतीय जनता पार्टी के अन्य नेता भी सक्रिय रूप से मैदान में उतरे। विशेषकर विश्वास डायर जैसे स्थानीय नेता मुख्यमंत्री के साथ मिलकर राहत कार्यों में जुटे रहे। प्रशासनिक

मशीनरी से लेकर स्वयंसेवी संगठनों तक, हर स्तर पर समन्वय की कोशिशें मुख्यमंत्री की अपील और पहल से ही संभव हो पाईं।

राष्ट्रीय स्तर पर भी प्रधानमंत्री नरेंद्र मोदी ने राज्य की गंभीर परिस्थितियों को तुरंत संज्ञान में लिया। केंद्र सरकार ने उत्तराखंड को राहत और पुनर्निर्माण कार्यों के लिए 1200 करोड़ रुपये की आर्थिक सहायता की घोषणा की। इस मदद ने न केवल प्रभावित परिवारों को राहत की आशा दी बल्कि राज्य सरकार को भी आपदा प्रबंधन की दिशा में मजबूती प्रदान की।

आज जब हम पीछे मुड़कर देखते हैं, तो यह आपदा केवल लासदी की कहानी नहीं, बल्कि संकट की घड़ी में सामूहिक नेतृत्व और संवेदनशील प्रशासन की मिसाल भी है।

मुख्यमंत्री पुष्कर सिंह धामी की त्वरित कार्रवाई और जमीनी उपस्थिति ने यह साबित किया कि सच्चा नेतृत्व वही है जो कठिनतम समय में जनता के साथ खड़ा हो।



हरियाणा ने निभाया पड़ोसी धर्म: मुश्किल समय में पंजाब को बाढ़ राहत के लिए की मदद

बलविंदर सिंह

पंजाब में बाढ़ और भारी बारिश की त्रासदी से जूझ रहे पंजाब के प्रति एकजुटता दिखाते हुए, हरियाणा सरकार ने अपने पड़ोसी राज्य की मदद के लिए ₹5 करोड़ की वित्तीय सहायता प्रदान की है। यह राशि मुख्यमंत्री राहत कोष से जारी की गई है, जिसका उद्देश्य प्रभावित क्षेत्रों में राहत और पुनर्वास कार्यों को मजबूती देना है।

“सांझे दायित्व की भावना”

हरियाणा के मुख्यमंत्री नायब सिंह सैनी ने इस पहल को “सांझे दायित्व की भावना” से जोड़ते हुए पंजाब के मुख्यमंत्री भगवंत सिंह मान को लिखे पत्र में कहा:

“प्राकृतिक आपदा की इस कठिन घड़ी में, हरियाणा सरकार और राज्य के लोग प्रभावित राज्यों के साथ मजबूती से खड़े हैं। ऐसे समय में हमारा यह कर्तव्य है कि हम एक अच्छे पड़ोसी और मित्र की भूमिका निभाएं।”

मुख्यमंत्री सैनी ने यह भी आश्वासन दिया कि हरियाणा जरूरत पड़ने पर अतिरिक्त सहायता देने के लिए पूरी तरह तैयार है और पंजाब सरकार से आग्रह किया कि यदि किसी प्रकार की और सामग्री या सहयोग की आवश्यकता हो, तो वे अवगत कराएं।

राहत सामग्री से लदे ट्रक खाना

सिर्फ आर्थिक मदद ही नहीं, हरियाणा ने ज़मीनी स्तर पर भी सहयोग दिया है। बाढ़ से प्रभावित क्षेत्रों के लिए 25 राहत ट्रक खाना किए गए, जिनमें से 15 ट्रक विशेष रूप से पंजाब के लिए भेजे गए हैं, जबकि बाकी हिमाचल प्रदेश और



परिवारों के लिए तत्काल राहत साबित होगी।
एक मिसाल बनी हरियाणा की पहल

हरियाणा सरकार की यह संवेदनशील और त्वरित पहल न केवल प्रशासनिक जिम्मेदारी का उदाहरण है, बल्कि यह भी दर्शाती है कि आपदा की घड़ी में राजनीतिक और भौगोलिक सीमाओं से ऊपर उठकर इंसानियत को प्राथमिकता देना ही सच्चा धर्म है।

पंजाब और जम्मू-कश्मीर की सरकारों ने इस सहयोग के लिए हरियाणा का आभार प्रकट किया है और उम्मीद जताई है कि इस तरह की एकजुटता से देश में आपसी सद्भाव और सहयोग की भावना और मजबूत होगी।

जम्मू-कश्मीर के बाढ़ग्रस्त इलाकों की ओर भेजे गए। इन ट्रकों में खाद्य सामग्री, पीने का साफ पानी और अन्य आवश्यक वस्तुएँ शामिल हैं, जो पीड़ित

SERVICES WE PROVIDE

- Debt Cancellation Insurance;**
To pay off your outstanding **Mortgage and Other Loans** if something happens to you.
- Income Protection**
To provide a Lumpsum **Tax-Free Money** to you in case of a Serious Sickness*.
- Family Protection;**
To provide a Lumpsum **Tax-Free Money** to your Family to maintain their Life Style if something happens to you.
- Tax Savings**
Suggestions for Tax Savings and Creating Assets which grow Tax Free and are paid Tax Free
- Business Growth Solutions**
Understanding your Business Challenges and suggesting Solutions

Recommendation to Your Family & Friends is Highly Appreciated!

Satvinder Singh Ghotra
Financial Security Advisor

403-437-4445

ਪੰਜਾਬ ਹੜ੍ਹ 2025: ਸਰਕਾਰ ਦਾ ਰਾਹਤ ਕਾਰਜ ਜਾਰੀ, ਪਰ ਵਿਰੋਧੀਆਂ ਦੀ ਕੀ ਸੀ ਕਾਰਗੁਜ਼ਾਰੀ?

ਪੰਜਾਬ ਵਿੱਚ 2025 ਦੀਆਂ ਭਿਆਨਕ ਹੜ੍ਹਾਂ ਨੇ ਲੱਖਾਂ ਲੋਕਾਂ ਦੀ ਜ਼ਿੰਦਗੀ ਪ੍ਰਭਾਵਿਤ ਕੀਤੀ। ਇਸ ਦੌਰਾਨ ਸੂਬਾ ਸਰਕਾਰ ਨੇ ਤੁਰੰਤ ਕਾਰਵਾਈ ਕਰਦਿਆਂ ਰਾਹਤ ਯੋਜਨਾਵਾਂ ਸ਼ੁਰੂ ਕੀਤੀਆਂ, ਜਿਵੇਂ ਕਿ ਮੁਆਵਜ਼ਾ ਦੇਣਾ, ਫਸਲਾਂ ਦੀ ਭਰਪਾਈ ਅਤੇ ਆਵਾਜਾਈ

ਦੌਰਾਨ ਰਾਹਤ ਕਾਰਜ, ਐਮਰਜੰਸੀ ਸੇਵਾਵਾਂ ਅਤੇ ਲੋਕ-ਸਹਾਇਤਾ ਦਾ ਅਸਲੀ ਕੰਮ ਕਿਸੇ ਪ੍ਰਮੁੱਖ ਹਿੱਸੇ ਤੋਂ ਨਹੀਂ ਹੋ ਰਿਹਾ। ਇਹ ਹੜ੍ਹ ਸੂਬੇ ਦੇ ਲੋਕਾਂ ਲਈ ਇੱਕ ਭਿਆਨਕ ਪਰ ਯਾਦਗਾਰ ਮੌਕਾ ਬਣਿਆ ਕਿ ਸਿਆਸੀ ਪਾਰਟੀਆਂ ਦੀ ਸਿਰਫ ਵਾਹਿਗੁਰੂ ਅੱਗੇ ਅਰਦਾਸ ਨਹੀਂ ਸਗੋਂ

ਸੱਚੀ ਕਾਰਵਾਈ ਅਤੇ ਜ਼ਮੀਨੀ ਮੌਜੂਦਗੀ ਵੀ ਜ਼ਰੂਰੀ ਹੈ। ਸਿਆਸੀ ਪਾਰਟੀਆਂ ਦੀ ਛਵੀ ਬਹੁਤੇਰੀ ਮੈਦਾਨੀ ਕੰਮਾਂ 'ਤੇ ਨਿਰਭਰ ਕਰਦੀ ਹੈ ਨਾਕਿ ਸੋਸ਼ਲ ਮੀਡੀਆ 'ਤੇ ਦਿਖਾਵੇ ਦੀਆਂ ਫੋਟੋਆਂ ਤੇ ਵੀਡੀਓ ਪਾਉਣ ਉੱਤੇ।

ਜਿੱਥੇ ਹੜ੍ਹਾਂ ਦੌਰਾਨ ਸੂਬਾ ਸਰਕਾਰ ਦੇ ਕਾਰਜਾਂ ਅਤੇ ਯੋਜਨਾਬੱਧ ਰਾਹਤ ਕਾਰਜਾਂ ਨੇ ਜ਼ਮੀਨੀ ਹਕੀਕਤ ਵਿੱਚ ਲੋਕਾਂ ਦੀ ਸੁਰੱਖਿਆ ਅਤੇ ਸਹਾਇਤਾ ਯਕੀਨੀ ਬਣਾਈ ਉੱਥੇ ਹੀ ਕੁਝ ਵਿਰੋਧੀ ਪਾਰਟੀਆਂ ਦੀ ਕਾਰਗੁਜ਼ਾਰੀ ਸਿਰਫ ਸੋਸ਼ਲ ਮੀਡੀਆ ਤੱਕ ਸੀਮਤ ਰਹੀ।



ਇਹਹਾਲਾਤਸੂਬਾਵਾਸੀਆਂ ਲਈ ਇੱਕ ਸਿੱਖਿਆ ਹੈ ਕਿ ਮੁਆਵਜ਼ਾ ਅਤੇ ਸਹਾਇਤਾ ਦੇ ਸੱਚੇ ਮਾਪਦੰਡ ਜ਼ਮੀਨੀ ਕਾਰਵਾਈ ਵਿੱਚ ਹੀ ਮਾਪੇ ਜਾਂਦੇ ਹਨ।

ਦੀ ਸੁਵਿਧਾ ਯਕੀਨੀ ਬਣਾਉਣਾ ਆਦਿ। ਪਰ ਇਸ ਸਮੇਂ ਵਿੱਚ ਕੁਝ ਵਿਰੋਧੀ ਪਾਰਟੀਆਂ ਦੀ ਕਾਰਗੁਜ਼ਾਰੀ ਅਤੇ ਮੌਕੇ 'ਤੇ ਮੌਜੂਦਗੀ ਉੱਤੇ ਕਈ ਸਵਾਲ ਉਠੇ ਹਨ। ਹੜ੍ਹ ਦੌਰਾਨ ਕੁਝ ਵਿਰੋਧੀ ਪਾਰਟੀਆਂ ਦੇ ਲੀਡਰਾਂ ਦੀ ਮੌਜੂਦਗੀ ਅਤੇ ਕਾਰਵਾਈਆਂ ਦੀ ਘਾਟ ਮਹਿਸੂਸ ਹੋਈ। ਬਹੁਤੇ ਨੇਤਾਵਾਂ ਵੱਲੋਂ ਸੋਸ਼ਲ ਮੀਡੀਆ 'ਤੇ ਕੁਝ ਵੀਡੀਓ ਜਾਰੀ ਕੀਤੀਆਂ ਗਈਆਂ, ਪਰ ਅਸਲੀ ਹਾਲਾਤ ਵਿੱਚ ਮੌਕੇ 'ਤੇ ਕਾਰਜਕਾਰੀ ਮੌਜੂਦਗੀ ਦਾ ਅਭਾਵ ਸਪੱਸ਼ਟ ਸੀ। ਇਸ ਨਾਲ ਲੋਕਾਂ ਵਿੱਚ ਇਹ ਸੁਨੇਹਾ ਗਿਆ ਕਿ ਹੜ੍ਹ



“Legal awareness and proactive measures are essential both for safeguarding assets abroad and exercising rights responsibly in Canada,” Naiya Gill

Dr. Rajeev Sharma / National Times

In an exclusive interview with Rajeev Sharma, Managing Editor of National Times Media Group, Naiya Gill, a Surrey-based Barrister & Solicitor, shared crucial legal advice for Non-Resident Indians (NRIs) on managing overseas property and discussed the importance of understanding Canada's Charter of Rights and Freedoms.

Rajeev Sharma (NT): Many NRIs face challenges managing property in India or abroad. How important is a Power of Attorney in such cases?

Naiya Gill (NG): A Power of Attorney is absolutely vital for NRIs. It serves as a safeguard when you cannot be physically present to manage your property. With a properly drafted and authenticated POA, you reduce the risk of disputes, fraud, or unauthorized use of your property. It ensures that your ownership rights remain protected even from afar.

Rajeev Sharma (NT): What are some of the common mistakes NRIs make, and how can they avoid legal complications?

Naiya Gill (NG): The biggest mistake is relying on informal arrangements or verbal assurances. Without proper documentation, NRIs open themselves to potential

disputes. My advice is to always work with qualified legal professionals, get documents notarized or registered, and keep copies accessible. Proactive legal steps today can prevent major complications tomorrow.

Rajeev Sharma (NT): You also counsel clients in Canada. How do you explain the Charter of Rights to the community?

Naiya Gill (NG): The Charter guarantees fundamental freedoms and constitutional protections to all Canadians. But rights come with responsibilities. While individuals have the right to remain silent, seek legal counsel, and expect fair treatment, it is equally important to cooperate

with law enforcement and respect legal processes. Misusing rights or resisting legal procedures often leads to unnecessary complications.

Rajeev Sharma (NT): What final advice would you give to readers?

Naiya Gill (NG):

Be informed and proactive. Whether it's protecting your overseas property through proper documentation or exercising your rights under the Charter in Canada, knowledge and responsibility go hand-in-hand. Legal awareness is your best defense.



Dr. Rajeev Sharma, Left, and Naiya Gill, during an interview on managing overseas property

India- Canada relations, a new chapter under High Commissioner Dinesh K. Patnaik

Dr. Rajeev Sharma / National Times

With Dinesh K. Patnaik officially assuming his role as India's High Commissioner to Canada in September 2025, both nations are witnessing a renewed momentum in diplomatic, economic, and cultural engagement. Since taking charge, Patnaik has emphasized rebuilding trust, fostering collaboration, and creating new opportunities for bilateral growth.

Business and Trade

Bilateral trade between India and Canada has been steadily increasing, reaching \$13.32 billion CAD in 2024, with strong growth in exports and imports. Since Patnaik's arrival, discussions between trade delegations and industry representatives indicate an enhanced focus on joint ventures, technology partnerships, and investment opportunities, providing a boost to businesses on both sides.

Diplomatic Engagements

High-level meetings have resumed, including discussions on counterterrorism, intelligence sharing, and security cooperation, reinforcing confidence in mutual collaboration. Patnaik's leadership is expected to strengthen diplomatic channels, paving the way for smoother dialogue on trade, cultural exchanges, and policy coordination.



Dinesh Patnaik, India's High Commissioner to Canada

Cultural and Educational Ties Programs such as the Discover Canada Cultural Exchange 2025 are being expanded, encouraging students, professionals, and cultural ambassadors to experience Canada's diverse heritage while fostering stronger people-to-people connections.

Diwali and Dhanteras Greetings

As the vibrant festivals of Diwali and Dhanteras approach, High Commissioner Patnaik extended his heartfelt greetings to the Indian community in Canada. He remarked that these festivals symbolize the triumph of light over darkness and good over evil, encouraging reflection, renewal, and the strengthening of family and community bonds. Patnaik expressed his honor in serving as India's High Commissioner during

this period of renewed engagement and emphasized his commitment to further deepen ties between India and Canada. He wished that the divine light of Diwali would bring peace, prosperity, and happiness to all households and encouraged celebrations with unity, goodwill, and mutual understanding.

Looking Ahead

The appointment of Patnaik marks a turning point in India-Canada relations, with early signs showing a positive impact on trade, investment, and bilateral cooperation. Business leaders and policymakers from both countries are optimistic that this new chapter will encourage stability, growth, and shared prosperity, strengthening the foundation for a long-term strategic partnership.

The Right Application of Vastu Can Transform Lives: Dr. Vikas Nautiyal

Richa Walia | Natioanl Times

Dr. Vikas Nautiyal, founder of Vaidic Group Inc, excels in astrology, Vastu, and Feng Shui consultations, leveraging over 20 years of experience. He delivers precise spoken-word forecasts for residential and commercial properties.

In an exclusive conversation with Richa Walia of National Times, Dr. Nautiyal shared his insights on how Vastu Shastra can positively impact modern living.

Richa Walia (NT): Dr. Nautiyal, how would you describe Vastu in simple terms for someone new to it?

Dr. Vikas Nautiyal: Vastu is the ancient Indian science of architecture and space alignment. Simply put, it's about arranging your environment in a way that promotes health, prosperity, and happiness. It's not superstition—it's energy management.

Richa Walia (NT): Many people think Vastu is only about the direction of doors and rooms. Is that true?

Dr. Nautiyal: Not entirely. While directions matter, Vastu also considers energy flow, colors, lighting, ventilation, and even furniture placement. The goal is to create harmony between people and their surroundings.

Richa Walia (NT): How can someone apply Vastu principles in a small apartment or office?

Dr. Nautiyal: Start with small but

impactful changes. Keep entrances clutter-free, allow natural light and fresh air, and place furniture thoughtfully. Even moving a desk to face a favorable direction can enhance focus and productivity.

Richa Walia (NT): What about modern workspaces? Does Vastu still matter?

Dr. Nautiyal: Absolutely. Modern offices benefit greatly from Vastu. Proper desk orientation, organized workstations, natural elements like plants, and balanced lighting can increase creativity, reduce stress, and improve overall efficiency.

Richa Walia (NT): Critics often call Vastu unscientific. How do you respond?

Dr. Nautiyal: Vastu is about balance, which aligns with many principles of environmental psychology and architecture. It's not magic—it's mindful design. Observing how energy flows in a space can lead to measurable improvements in mood, focus, and well-being.

Richa Walia (NT): What's the common mistake people make regarding Vastu?

Dr. Nautiyal: Ignoring energy flow. People often focus only on directions and neglect lighting, ventilation, and clutter. Even small adjustments can create a noticeable positive impact.

Richa Walia (NT): Looking ahead, how do you see Vastu evolving?

Dr. Nautiyal: I believe Vastu will become more integrated globally. People are seeking holistic solutions, and Vastu offers a practical, adaptable framework to improve life, whether at home or work.

Richa Walia (NT): Any final advice for our readers?

Dr. Nautiyal: Observe your surroundings. Make your space welcoming and clutter-free. Every positive change you make in your environment reflects in your mind, health, and overall happiness.



Dr. Vikas Nautiyal, Left and Richa Walia during an interview on Vastu Shastra.

Together we are building a Langley where families, businesses and communities thrive- Mayor Nathan

Dr. Rajeev Sharma / National Times

In an exclusive conversation with National Times Media Group, Mayor Nathan shared insights on Langley's development, community initiatives, and future planning.

Rajeev Sharma (NT): Mayor Nathan, can you give us an overview of Langley and your vision for the city?

Mayor Pachal: Langley is a city with a rich history and strong community spirit. My vision is to ensure growth that benefits residents, businesses, and communities alike. We aim to maintain quality of life while embracing the opportunities that come with urban development.

Rajeev Sharma (NT): What economic developments and infrastructure projects are currently underway in Langley?

Mayor Pachal: We have several projects improving transportation, commercial hubs, and public amenities. Our policies aim to attract investors, support small businesses, and create an environment conducive to entrepreneurship and innovation.

Rajeev Sharma (NT): How would you describe the business and investment climate in Langley?

Mayor Pachal: Langley is very welcoming to new businesses. We provide support systems, strategic

partnerships, and initiatives that encourage both local and international investment.

Rajeev Sharma (NT): How is Langley addressing housing, safety, and community engagement?

Mayor Pachal: We have programs focusing on affordable housing, improved public safety, and active community participation. Inclusion and diversity are key principles; every resident should feel valued and heard.

Rajeev Sharma (NT): Can you share examples of initiatives supporting diversity and inclusivity?

Mayor Pachal: Our city runs programs for cultural engagement, accessibility improvements, and youth development. We also collaborate with local organizations to ensure all communities have representation and support.

Rajeev Sharma (NT): How is Langley embracing smart city technologies?

Mayor Pachal: We are integrating

data-driven systems for traffic management, energy efficiency, and public services to make Langley more responsive, efficient, and future-ready.

Rajeev Sharma (NT): What are Langley's long-term goals and strategic priorities?

Mayor Pachal: Our priorities include economic resilience, sustainable growth, and community well-being. We want Langley to grow as a city that is prosperous, inclusive, and environmentally responsible, while honoring its cultural heritage.

Rajeev Sharma (NT): Any final message for the community?

Mayor Pachal: Together, we can make Langley a city that embraces the future while preserving what makes it home. Collaboration, innovation, and inclusivity are key to our continued success.



Dr. Rajeev Sharma, Left and Mayor Pachal during an interview on Langley's development, community initiatives, and future planning.

Premanand Maharaj: A Life of Devotion, Sacrifice, and Divine Service

Dr. Rajeev Sharma / National Times

In the sacred lanes of Vrindavan, where every step echoes with the memories of Radha and Krishna, one saint has emerged as a beacon of devotion and humility, Premanand Ji Maharaj. Born on March 30, 1969, in Sarsool village of Uttar Pradesh's Kanpur district, Maharaj Ji has dedicated his life to service, simplicity, and unwavering faith. What makes him unique is not only his renunciation, but also his ability to communicate profound spiritual truths in ways that touch the hearts of people from every background. His life story reflects a journey of transformation, devotion, and the power of humanistic spirituality in today's world.

From Shiv Bhakti to Radha Krishna

In his youth, Maharaj Ji was a devoted worshipper of Lord Shiva, drawn to ascetic practices and the discipline of renunciation. Leaving home at a young age, he wandered to Kashi (Varanasi), where he immersed himself in spiritual study and sadhana.

It was during this period that he encountered the teachings of the Radha Vallabh Sampradaya. Captivated by the boundless love of Radha Rani and Lord Krishna, his devotion shifted from austere worship to the path of bhakti, one that emphasizes unconditional love, surrender, and joy in divine remembrance.

Explaining Spirituality in the Language of Today

One of Maharaj Ji's most remarkable qualities is his ability to make the eternal seem immediate and relatable. He weaves together scripture, philosophy, and everyday experiences, drawing from modern life, social realities, and even ordinary family struggles, to explain truths that might otherwise feel inaccessible. Whether speaking to

In the mid-2000s, Maharaj Ji was diagnosed with polycystic kidney disease, a challenging and lifelong condition. True to his nature, he initially refused treatment, seeing his health as a matter of Radha Rani's will. It was only after persistent appeals from his devotees, who longed to see him well, that he agreed to seek medical care. Maharaj Ji



children, students, villagers, or global seekers, his discourses emphasize that spirituality is not abstract but lived: in kindness, humility, and love for all. This approach makes him equally relatable to every demographic, ensuring that spirituality does not remain confined to rituals or traditions but becomes a guiding principle for daily life.

Living with Illness: A Testament of Faith

often speaks of his two kidneys with reverence, affectionately calling one "Radha" and the other "Krishna," a reminder that even within the human body, the divine dwells. For his followers, this story illustrates his complete surrender and his ability to transform even suffering into devotion.

Parikrama: Devotion in Action

Despite his illness, Maharaj Ji

continues his daily parikrama of Vrindavan, walking the sacred circuit around the holy city. For him, each step is prayer, each breath an offering. His determination inspires thousands who accompany him, often describing the experience as transformative.

Inclusivity: A Saint for All Humanity

At the core of Premanand Ji Maharaj's teachings lies a universal message: spirituality is for everyone. He makes no distinction between religions, genders, or social backgrounds.

Beyond Wealth and Possessions

Maharaj Ji's renunciation extends beyond words. He neither accepts money nor material gifts, setting himself apart in a time when spirituality is often commercialized. His ashram runs solely on devotion, a living example of his teaching that true wealth lies not in possessions but in surrender to the divine.

Reviving Vrindavan Through RADHA Naam

Under his guidance, Vrindavan has witnessed a resurgence of bhakti culture. His emphasis on chanting Radha Naam has made the holy name a part of daily life for countless devotees, both in India and abroad. Through his discourses, parikrama, and simple yet powerful example, Maharaj Ji has turned Vrindavan into a global spiritual destination, where seekers of all faiths and nationalities find inspiration.

Touching Lives, Awakening Souls

The influence of Premanand Ji Maharaj cannot be measured in statistics, but rather in the stories of people who found peace during hardship, rediscovered faith after despair, and embraced love and compassion over division. His ability to explain the infinite in everyday language, his surrender in the face of illness, and his boundless compassion continue to awaken hearts worldwide.

Premanand Ji Maharaj embodies the timeless essence of spirituality in the modern age, offering a simple, inclusive, and transformative approach. His journey from a young Shiv bhakt in Kashi to a saint devoted to Radha

and Krishna, his acceptance of illness as divine will, his rejection of materialism, and his universal call to live truthfully and lovingly make him a beacon for humanity.

For those who encounter him, Maharaj Ji is more than a teacher; he is living proof that the eternal love of Radha and Krishna is not just to be remembered but to be lived every day.



Phone: 403 633 3113

**# 3850 19 Street NE
Calgary, AB.**

Info@mvpsecurity.ca

saarathi
immigration

To Choose The Ideal Pathway
For Your Immigration To Canada

- ✧ Study Visa
- ✧ Work Permit
- ✧ Sponsorship
- ✧ PR Application
- ✧ Spousal Open Work Permit

Richa Walia
RCIC #R710306
+1 (604) 616-8786

+1-604-616-8786

www.saarathiimmigration.com

richa@saarathiimmigration.com

Naseem Jewellers: A Legacy of Trust, A Future of Elegance

Dr. Rajeev Sharma / National Times

When it comes to fine jewelry, trust and tradition are as valuable as the gold itself. In Calgary, a new chapter of elegance has begun with the arrival of Naseem Jewellers, a name that has been synonymous with certified quality and timeless design since 1958. Naseem Ahmad Tahir, the brand was built on the pillars of authenticity, craftsmanship, and customer trust. Over six decades later, these values continue to shine brightly under the leadership of his proud son, Shahzad Mian.

As the torchbearer of his father's vision, Mian has remained committed to maintaining the uncompromising standards of quality and service. At the same time, he has introduced modern advancements that reflect today's evolving jewelry market.

From launching an online gold rate calculator to guarantee price transparency, to offering contemporary designs alongside timeless heirlooms, Mian has ensured that Naseem Jewellers speaks to both tradition and modernity.

This blend of heritage and innovation has positioned the brand as a beacon of excellence in the jewelry world.

An Experience Beyond Shopping :

Walking into Naseem Jewellers' new Calgary showroom is more than a shopping trip, it's an experience. Customers are greeted with personalized service, expert guidance, and the opportunity to commission custom-made pieces that reflect their individuality.

Festive Season Brilliance:

This year, Calgary shoppers are in for something extra special. To celebrate Dhanteras and Diwali, Naseem Jewellers is introducing grand festive offers, making it the perfect moment to invest in jewelry that will be cherished for a lifetime. With exclusive discounts and specially curated festive collections, the showroom promises to add brilliance to every celebration. For more than 65 years, Naseem Jewellers

has been more than just a jewelry brand, it has been a symbol of trust, elegant timeless artistry. With Shahzad Mian at the helm, the brand continues to honor its heritage while embracing the future, ensuring that Calgary's jewelry lovers now have access to a legacy that is as enduring as the treasures it creates. Naseem Jewellers Calgary where tradition meets modern luxury, and every piece tells a story of trust since 1958.



**May the Divine Light of Diwali Spread into your Life -
Peace, Prosperity, Happiness and Good Health**

Happy Diwali



RAPID
PRINT & SIGNS

#206-2835 23 St NE Calgary AB T2E 7A4
Phone: 403-321-5500 | Email: info@rapidprintsigns.ca
www.rapidprintsigns.ca

SIGNAGE | PRINTING | APPARELS

Tarlochan Singh Sidhu Enters Ward 10 Race, Vows to Give Residents a Stronger Voice

Arvind Arvind / National Times

Community builder and business owner Tarlochan Singh Sidhu has announced his candidacy for councillor in Ward 10, pledging to bring what he calls “relief, accountability, and results” to an area he says has long been overlooked at City Hall.

Sidhu, who has lived in Ward 10 for more than 15 years, is known for his work launching youth soccer programs through the Calgary Minor Soccer Association and supporting cultural and grassroots initiatives. He says his decision to enter politics comes from personal experience.

“I’ve lived these challenges myself, as a father, as a business owner, and as a neighbour,” Sidhu said. “That’s why I’m running to make sure Ward 10 families finally get the attention and results they deserve.”

His campaign priorities include:

Healthcare & Environment: Neighbourhood clinics to ease hospital strain, alongside investments in greener spaces and clean air.

Education: Advocating for new schools, expansions, and after-school programs in partnership with school authorities.

Community Services: Improved snow clearing, road repairs, supports for seniors, and safer

neighbourhood infrastructure.

Safety: Better street lighting, traffic-calming near schools, more visible community policing, and youth engagement programs.

Sidhu says Ward 10 has often felt “invisible” in city politics compared to other parts of Calgary. “It’s time for

City Hall to listen to us,” he said. “Our families deserve the same opportunities, safety, and support as any other ward.”

The Ward 10 seat will be contested in Calgary’s upcoming municipal election, where residents will decide if Sidhu’s message of visibility and change resonates at the ballot box.

ELECT

VOTE!

SIDHU
TARLOCHAN SINGH

WARD 10

Advance Vote: Oct. 6-11
Election Day: Oct. 20

PLEASE VOTE, SUPPORT, AND ELECT

VOTESIDHU.CA
(403) 455-1212

Rate Cuts Ignite Optimism in BC's Real Estate Market:w Opening Doors for More Buyers

Dr. Rajeev Sharma | National Times

British Columbia's real estate market is showing promising signs of revival following a welcome 0.50% interest rate cut by the Bank of Canada in September 2025. After a period of market cooling

5% are encouraging many who had paused their home search to re-enter the market with renewed confidence. In Vancouver, the rate cut is expanding opportunities for middle-tier buyers eager to upgrade, with popular areas like Mount Pleasant and Kitsilano seeing a fresh burst of interest. Burnaby's transit-focused condo developments

buyers looking for quality homes under \$1 million. Housing experts highlight the positive impact of the rate cut on affordability and market accessibility. Lena Harding, a housing economist at the University of British Columbia, notes, "This adjustment in interest rates sends a strong message of stability and opportunity, making homeownership a reality for more British Columbians."



due to rising borrowing costs, this rate reduction is making homeownership more accessible, reigniting hope for buyers and energizing communities across the province. From vibrant Vancouver neighborhoods to growing suburbs like Burnaby, Surrey, Langley, and Abbotsford, increased buyer activity is bringing new momentum to the housing market. Lower mortgage rates now dipping below

around Metrotown and Brentwood are attracting enthusiastic buyers, while Surrey's diverse neighborhoods such as Newton and Fleetwood continue to welcome first-time homeowners.

Langley's growth is accelerating, thanks in part to the SkyTrain extension, making suburban living a more attractive option. Meanwhile, Abbotsford's reputation as an affordable and family-friendly community is drawing more

While demand is rising, city planners and policymakers are working proactively to address infrastructure and supply needs, aiming to support sustainable growth that benefits both buyers and renters.

Looking ahead, industry forecasts predict steady sales growth of 6–8% into early 2026, with prices expected to remain stable or rise moderately in key areas, offering a balanced and hopeful outlook for BC's real estate market.

Lower borrowing costs are boosting buyer confidence, spurring sales, and breathing new life into a market that had slowed under high interest rates.

Quick City Snapshots - October 2025

City	Avg. Detached Price	Avg. Condo Price	Avg. Rent (1BR)
Vancouver	\$2.1M+	\$770K	\$2,650
Burnaby	\$1.65M	\$800K	\$2,400
Surrey	\$1.45M	\$650K	\$2,250
Langley	\$1.25M	\$625K	\$2,100
Abbotsford	\$1.05M	\$530K	\$1,950

ELECT

JIGAR PATEL

COUNCILLOR

WARD 5

Election Day: Oct 20, 2025

Advance Vote: Oct 6-11, 2025

For more than a decade, **Jigar Patel** has lived in Ward 5 and draws on his personal journey of settling into a new country. Having overcome the obstacles faced by newcomers, he is sensitive to the needs of children, seniors, and working families. Generous with his time and expertise, Jigar helps neighbours find work and provides hands-on support.

A committed advocate for families, women, and immigrants, he promotes justice, public safety, and open decision-making. Prioritizing affordability, Jigar seeks to lower household expenses and strengthen the neighbourhood's quality of life.



Key Goals for Ward 5

SAFETY FIRST

- Invest in community policing and crime prevention.
- Expand mental health & youth outreach programs.
- Make neighbourhood safety a top priority.

COST OF LIVING

- Support policies that reduce household expenses.
- Ensure families and seniors are not left behind.

AFFORDABILITY

- Advocate for lower utility and transit costs.
- Push for affordable housing solutions.
- Ensure fair and transparent property taxes.

To Join & Support ☎ **587-573-5510** ✉ **ward5patel@gmail.com**



N | NASEEM
JEWELLERS
EST. 1958



Where Tradition Meets Elegance
Now in Calgary

Diwali
&
Dhanteras
Sale

50%
OFF
GOLD JEWELLERY MAKING

25%
OFF
DIAMOND JEWELLERY



Address:

**4100 109 Ave NE Unit 2135,
Calgary, AB T3N 2J1**

Contact:

(825) 987-5000